

DEATH STARTS IN THE COLON

A HEALTHY COLON



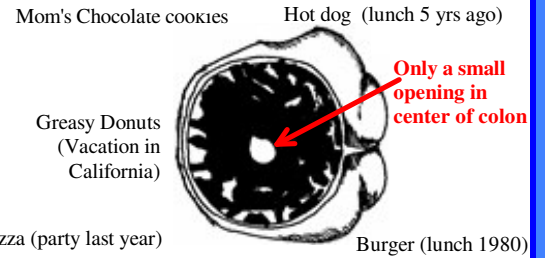
Above is the profile of a healthy colon. Unfortunately, most people don't have colons that look anything like this. The best way to insure that you will live a long, healthy life is to keep your colon **CLEAN**.

THE INSIDE OF A HEALTHY COLON



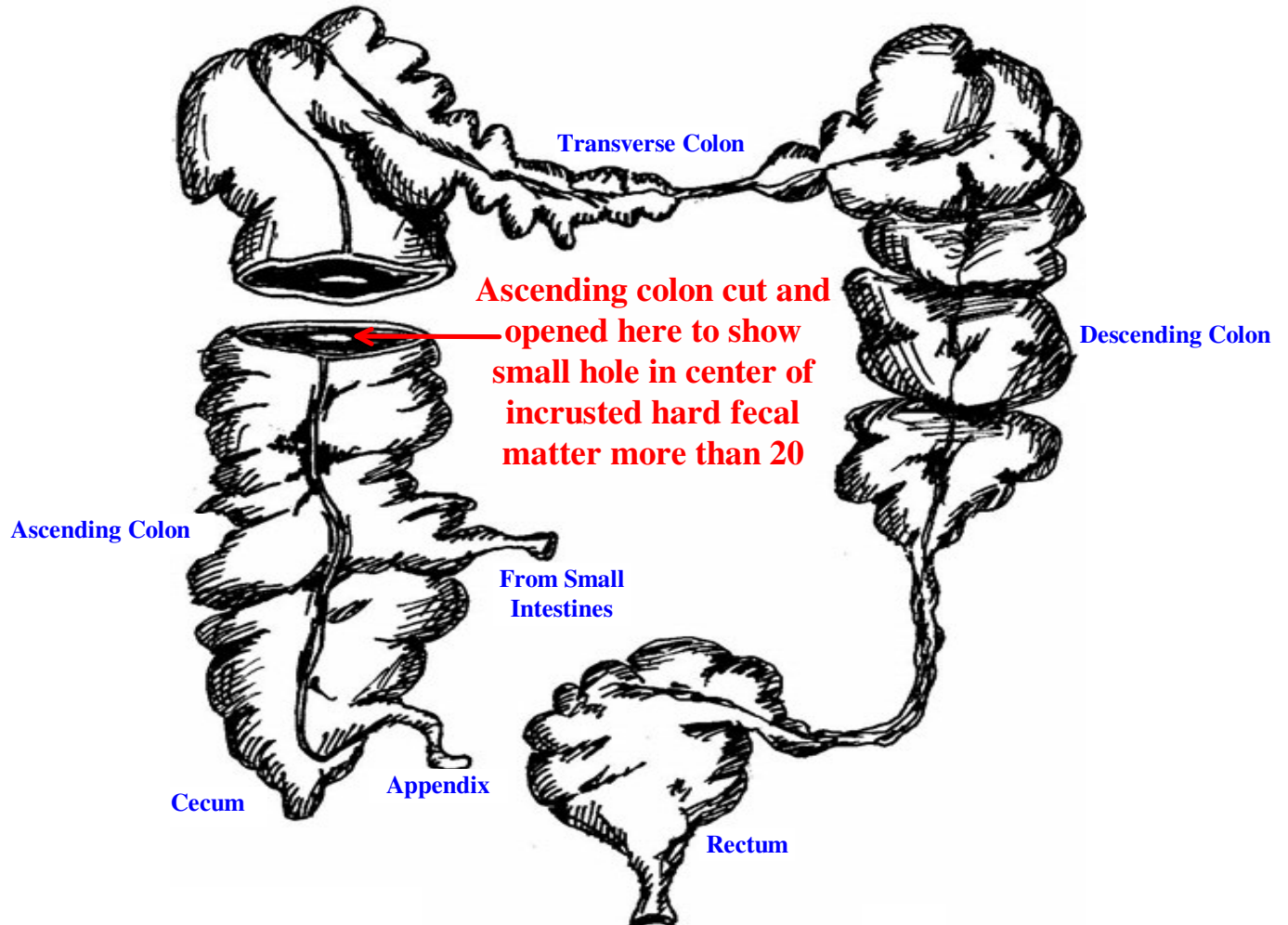
In a normal, healthy colon, fecal matter moves freely and unobstructed. Notice that there is no impacted fecal matter lining the walls of the colon. The digested food will be able to move quickly through the colon.

THE INSIDE OF A CLOGGED COLON



This represents an unhealthy, clogged and constipated colon. There may only be a narrow, tiny opening in the center of the colon. Digested food will have a very hard time going through. In many cases, the food and mucus can become impacted and stay in the colon for months and

A CLOGGED COLON- (Can you see why this person is aging prematurely?)



Believe it or not, this is what a clogged colon looks like in advanced stages. That's right--yech! If you think it is impossible for your colon to look this way, you'd better think twice. The woman whose x-ray is copied here thought she was in "good" health. She even had three "regular movements" nearly every day.