

Thanks for visiting us here at Urban Renewal Colonics. I'm Barbara J. Ellis retired and registered nurse and one of the therapists here at the center, where we have been irrigating those from Houston, surrounding cities and towns and surrounding states with colonics and other health resources for alternative health. We have been doing this at the same location, with the same phone number, since the spring of 1979. That's over 42 years folks.

We continue to use state-of-the-art equipment, namely the closed system colonic systems. The closed system really means that's the system that's sanctioned by the FDA. That's the system where the therapist is with the client the entire 45 minute session. It's also the one that utilizes and excepts totally disposable setups. We also irrigate the clients with filtered water. We continue to use state of the art equipment to this day.

Now, you remember I stated that the colonics are 45 minutes in length, meaning that the therapist is with the client the entire time. And another featured is that because the colonics are 45 minutes in the length, we scheduled our appointments on the top of the hour, 6 days a week, every day but Sunday. We also work late evening hours for those who have to work.

Now, a prescription is required for this procedure. Our medical doctor, who is at a different location, will make an assessment of our clients only and write the required prescription.

The colonics are \$95 each. Our miny prepaid series of \$255 will entitle you to a \$30 discount for the sessions, for the 3 sessions together, prepaid.

Now, another thing I'd like to point out, that we know about here. We are the 1st people in Houston or in Texas really, to offer mobile colonics. We bring the colonics to you if you are incapacitated and can't come into the clinic. Mrs. Terisa Hut, one of our therapist since August of 2021 has been taking the colonics on the move to those who need it with filtered sterile water. If you have any further questions about ammenities that we offer, call us at (713) 738-8199.

We have Mr. Tommy White who's accepted a new position here with us, a director of education effective immediately. Mr. White has been here at the Urban Renewal since early 2017. He comes to us with the bachelor of science degree from Granite State University. The degree being held sign services to include a major in anatomy and physiology as well as kinesiology. Without further adu I would like Mr. White to introduce himself.

Hello ladies and gentlemen my name is Tommy White. I'm very proud to be a part of the Urban Renewal family. I have been studying under Ms. Barber Ellis since the Spring of 2017. As she stated, I will now be in charge of the Department of Education here, effective January 1st 2022. So I will now be certifiing aspiring colonic therapist in the Houston Texas area. Please look over the website to see all the benefits we offer here. We look forward to seeing you at the Urban Renewal. Thank you